



## GIFT AID DECLARATION

### Donor Details

Title
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Forename(s)
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Surname
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Home Address	
Postcode	

Please claim Gift Aid on this and any past and future donations made to FORME from this date until otherwise notified. I confirm that I have paid, or will pay, sufficient Income Tax or Capital Gains Tax to cover the tax that all charities will reclaim on my gifts in each tax year. VAT and Council Tax do not qualify for this purpose. I understand that FORME will reclaim 25p on every £1 that I give.

SIGNATURE	DATE
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**Please notify the charity if you:**

- Want to cancel this declaration
- Change your name or home address
- No longer pay sufficient tax on your income and/or capital gains

*If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.*

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**Please complete and send to**  
**F O R M.E. 51 Gincroft Lane, Edenfield, Ramsbottom, Bury BL0 0JW**  
Fund for Osteopathic Research into ME | Reg Charity No. 1045005